

# Elder Friends make a real difference

**Alice Peck Day Memorial Hospital is looking for a few special volunteers to join our Elder Friends program.**

Elder Friends visit our homebound patients and provide companionship in conjunction with our Senior Care team.

“My mom Ellen is partnered with Alessandra. It is a wonderful program and Alessandra makes such a difference in my mom’s life.”  
- Rebecca



Share your time and your kindness!  
Please contact:

**Liz Swanton**

Community Health and Engagement Officer  
(603) 308-0821  
swantone@apdmh.org

Flexible time commitment is typically two to four hours each week.

APD volunteers Barbara, Alessandra, and therapy dog Maggie.